



Cornerstone Dental Group

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& Associates

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What we want you to know after your frenectomy.

- ⇒ Brush the front teeth gently to remove all the plaque that accumulates daily and to allow proper healing of the surgical area.
- ⇒ Two times a day (morning and evening) for the upper frenum area, pull the lip upward or pull the lip downward for the lower frenum area to prevent the site from healing together.
- ⇒ After you pull the area apart, place a small amount of Vitamin E or Vaseline in the surgical site with your finger for 4 days.
- ⇒ Rinsing with warm salt water after eating will help the area to heal.
- ⇒ A small white patch in the surgical site is normal and is not an oral infection.
- ⇒ If your child seems to be uncomfortable after the numbing wears away, you may give them acetaminophen (Tylenol®) or Ibuprofen (Advil®, Motrin®).

Thank you, and if there are any questions or concerns, please don't hesitate to contact the office.